

Finding Your Fiji, LLC

Harmony for Your Head, Heart & Home

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Open the Door to a Brighter Life

6 Feng Shui Keys for Fresh Energy & Flow

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Thanks for saying YES to opening the door to a brighter life!

I'm excited to share with you my favorite Feng Shui Keys for Fresh Energy & More FLOW! First, let's explore the basics: what Feng Shui is, the Feng Shui Bagua and Principles of Feng Shui.

Feng Shui Basics

What is Feng Shui?



Feng Shui (pronounced Fung Shway) is based on the principle that your environment reflects and affects your life. Feng Shui literally means "wind" and "water" and is an ancient Chinese art and science which brings balance and harmony to your space and life. Feng Shui unblocks stuck energy and creates an environment that energetically supports you and assists in attracting the people, circumstances and things you want into your life. (It speeds up the Law of Attraction.)

What is a Bagua?

The Feng Shui Bagua (pronounced ba gwa) is a mental map of your space. "Ba" means eight and "Gua" means sides. The Bagua is a square consisting of nine sections. There are eight sides in the traditional Chinese Bagua with the ninth section being the center or Health Gua (area). Each section relates to a life area and correlates to a physical area in your home. You will notice on the color Bagua below that each area has an associated color, element, body part and number. The colors and elements may be used to enhance that particular life area (Wealth, Health etc.)

The body parts guide can be used to balance physical issues. For instance, if you are having issues with your feet, you can look at the Family area of your home and see what's going on. Is there a lot of clutter? Cleaning out a drawer or closet in this area can improve your feet health.

The Bagua numbers may be used to determine what type of house you live in. For example, if your house number is 3992 you would add $3 + 9 + 9 + 2 = 23$ and then add $2 + 3 = 5$. Continue adding until you reach a single digit number. A 5 house is Health. This could mean that those living in this house enjoy good health! Now calculate your house number:

Your house number  + + + + =  + =

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What do I do with a Bagua?

Place the bagua over the main level of your home, an individual room or your desk. The main entrance to your home or the room is always at the bottom as noted by the arrows on the color bagua provided below. When you are standing facing your front door from the outside, your Wealth area is in the far left corner while your Partnership area is in the far right corner. Your front door will usually be located in Knowledge, Career or Helpful People, unless it's not on the front of the home. Any attached structure with 4 walls and a roof (like a garage or screen porch) is generally included in the bagua. Placing the bagua on unusual floor plans or split levels can be a bit tricky, however, so if you're having difficulty consult with a certified feng shui practitioner.

Bagua Sections Correlate to Life Areas

Wealth: Money you inherit/win/earn, your own personal power, feeling abundant and gifts

Family: Relatives, siblings, extended family, close friends or any group with a common purpose

Knowledge: Education goals, ability to use talents, understanding yourself and spirituality

Career: Your job, your journey in life, passions, activities you love and opportunities

Helpful People/Travel: Feeling supported, being in the right place, being treated fairly + travel

Creativity/Children: Your children/other kids, pets, creative endeavors and completing projects

Partnership: Significant other, business partner, relationship w/ yourself or God/Universe/Source

Fame/Reputation: How people perceive you, being known, good name, integrity, legal issues

Health: Physical, mental, emotional and spiritual well-being. Center/health is key & touches all!

Four Principles of Feng Shui

- Everything is Energy
- Intention is Key
- Use Nature as a Model for Balance
- Your Space Reflects your Life

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FRONT DOOR TO WHOLE HOUSE OR ONE ROOM

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6 Feng Shui Keys to Create Fresh Energy & Flow Using your Front Door:

MAKE IT VISIBLE

Your front door should stand out from the rest of the house. Consider painting it red (a lucky Feng Shui color) or another color you love that is different from the siding or trim. Or, if you can't paint the door, hang a pretty colorful wreath on the door.

WAY TO KNOCK

If opportunity can't knock, how will you know it's there? Having a working doorbell or knocker on or next to your front door is vital to embracing and welcoming all the good things you want to manifest in your life.

SWEEP THE STEPS

Welcome the energy by clearing the path to your front door. Sweep or shovel the front entry and steps to let the universe know you are open to receiving visitors (& luck!) Keep the area leading up to & around the front door free of debris and clutter.

CREATE A GATEWAY

Add flowers on either side of the door or winter greenery to create a gateway welcoming visitors and opportunities into your space and into your life.

HAVE A KEY

Having a key to your front door (or access to a hidden one) tells the universe you are open to new opportunities and are able to open the door and welcome flow.

USE THE FRONT DOOR

Going in and out your front door activates the "chi" or energy. Try using it for 9 days in a row. You can park in the garage, but then go in and out the front door. This is a powerful way to activate the energy in your home and life!

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When you make changes in your space, these are called adjustments or cures. You are intentionally shifting the energy by clearing paths, cleaning, moving or placing objects.

Look at your home or office with a fresh perspective and remember that like attracts like. What are you inviting into your home...chaos, clutter, things that don't work?Or clarity, peace and a state of flow?!

Remember, letting go of the stuff that no longer serves you creates a vacuum for what you want to come in.

And Intention is vital when making Feng Shui changes (even when cleaning). Do so with love, visualizing what you want to attract into your life.

HALT: Do not make adjustments when you are hungry, angry, lonely or tired!
You want to be feeling good and put good energy into the changes you are making!

WATCH your Email for a FREE BONUS training...

The FIND YOUR FLOW series includes:

Video 1: **How your Home May be Blocking your Flow**

Video 2: **Focusing on Desires and Dreams Can Create Flow**

Video 3: **Find Your Flow by Tuning into Guidance**

PLUS – the Find Your Flow MASTERCLASS where I reveal:

- ✓ What being in the FLOW means
- ✓ The 9 Secrets to Finding your Flow
- ✓ How to Remove the Static in your life
- ✓ How to get help finding your FLOW

Curious about Feng Shui or my Love Your Life Coaching group?

Schedule a [FREE Virtual Coffee Chat](#) with me!

Work with me! Book your appointment today

Use **coupon code FREEGIFT to save \$20** on these sessions:

[Feng Shui Home Consultation](#) or [Space Clearing](#)

[Angel Reading](#) (Use **coupon code ANGEL20 to save 20%** on your first one, any length!)